

## 2022-2023 COVID Guidelines for Students

**Q: What should I do if my child is sick but they have a negative rapid COVID test?**

A: As in the past, please keep them at home until symptoms resolve and they are fever free without fever-reducing medication for at least 24 hours.

**Q: Do you require a negative PCR test for my symptomatic child to return to school?**

A: No, we will accept a negative rapid test, however, they need to remain at home until symptoms resolve and they are fever free without fever-reducing medication for at least 24 hours.

**Q: Does the school offer to test with the Abbott ID Now (Nucleic Acid Amplification Test- NAAT) machine?**

A: Yes, the school offers testing by appointment or if your child is being sent home, you can request to have the School Nurse swab your child prior to their departure, consent forms on Operoo need to be completed before they can be swabbed. (Signed consent is good for the school year).

**Q: Does the school offer free rapid tests?**

A: Yes, the school will provide free rapid tests as long as supplies are available.

**Q: If my child is exposed to a positive case, at home or is considered to be a close contact, do they need to quarantine?**

A: No, quarantine is no longer mandated, please just monitor symptoms for 10 days.

**Q: If my child is exposed to a positive case, do you require them to wear a mask for 10 days?**

A: No, they do not need to wear masks.

**Q: Will my child ever be required to mask?**

A: If your child does test positive for COVID, they will be required to mask days 6-10, unless they have two negative test results, two days in a row, on a rapid test, initiated on or after day 6.

**Q: What are the current isolation guidelines for COVID positive students?**

A: The isolation period requires students to isolate for 5 days, day 0 is the day they test positive, and day 1 is the following day. They will isolate through day 5 and return on day 6, masked.

**Examples:**

<b><u>Positive Test</u></b>	<b><u>Day 1</u></b>	<b><u>Day 5</u></b>	<b><u>Return Day</u></b>
Monday	Tuesday	Saturday	Monday
Tuesday	Wednesday	Sunday	Monday
Wednesday	Thursday	Monday	Tuesday
Thursday	Friday	Tuesday	Wednesday
Friday	Saturday	Wednesday	Thursday
Saturday	Sunday	Thursday	Friday

Sunday	Monday	Friday	Monday
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**Q: Will the school be contact tracing and will they contact me if there is a positive in the classroom or on a sports team?**

A: No, we will **NOT** be contact tracing. The elementary parents will receive notification through Class Dojo or Remind when there is a positive case in their child's classroom.

**Q: When will my child be able to return to Chorus?**

A: Your child may participate masked when they return to school. They will need to mask for days 6 through day 10 during Chorus, regardless of the negative rapid COVID tests for two consecutive days.

**Q: When will my child be able to return to Band?**

A: For Band, if your child plays percussion, they can return to participation when they return to school. For all other instruments, your child can return to participation after day 10, even if they have had two negative tests, on two consecutive days.

**Q: When will my child be able to return to PE?**

A: No PE participation until Day 11.

**Q: Does my child need to have a Return to Play (RTP), Post-COVID infection to resume P.E. and sports participation?**

A: Elementary students- no RTP is required, may resume PE participation on Day 11. For High School students not participating in athletics, no RTP is required, PE participation will resume on Day 11. For athletes, a RTP is required on or after day 10- no PE or Sports until their primary care provider clears them. The primary care provider will determine what step they will begin based on the algorithm provided by the American Academy of Pediatrics (Day 1-Day 7). Documentation is required, RTP will not be initiated until documentation has been received by the Health Office. Once documentation has been received, the Nurse, AT, or PE Teacher will begin the process with your child.